

Alabama Council for Behavioral Healthcare
2023 Fall Conference
Sheraton Birmingham Hotel / Birmingham, AL
November 3, 2023

Continuing Education Packet

Instructions:

- ✓ A completed “*CE packet*” is required in order to receive continuing education credit. There is no additional fee to make application for CE credit
- ✓ Attendance Monitoring: By signing the CE Application Form, you are certifying that you attended the workshop events in their entirety.

What Does a Complete CE Packet Consist of ?

A complete CE Packet consist of:

1. Continuing Education Application Form
2. Record of Attendance Log
3. Evaluation form for EACH workshop in which you participate

How Do I Submit My CE Packet ?

Completed CE Packets should be mailed to *The Institute for Continuing Education*, at the address listed below. Packets should be received within 30-days of completion of the Conference.

The Institute for Continuing Education

P. O. Box 449

Montevallo, AL 35115

How Will I receive CE verification ?

The Institute for Continuing Education will process your application. You will receive CE verification by mail approximately 3-4 weeks following our receipt of your completed CE Packet. The mailing address you submit on the CE Application Form is used to mail your CE verification.

The Institute for Continuing Education

Questions: 800-557-1950 / email: instconted@aol.com

Continuing Education Offered

This program is co-sponsored by the Alabama Council for Behavioral Healthcare and *The Institute for Continuing Education*. The program offers up to 6.00 CE hours. CE hours earned are based on actual participation. Full attendance is required for each workshop in which you participate. There is no additional fee to make application for CE credit. Participants who wish to receive continuing education credit MUST complete CE forms and comply with attendance monitoring requirements.

NOTE: *To receive continuing education credit, applicants must complete all CE forms and comply with attendance monitoring requirements.*

NOTE: *It is the responsibility of the attendee to determine if CE credit offered by The Institute for Continuing Education meets the regulations of their state licensing/certification board.*

NOTE: *Administrative Track workshops do not offer CE credit. You may attend these sessions, but no CE credit will be extended for attendance.*

Questions: If you have questions regarding continuing education, the program, faculty, grievance issues, or for a listing of learning objectives, comprehensive speaker bios, please contact *The Institute* at: 800-557-1950; e-mail: instconted@aol.com.

Psychology: The Institute for Continuing Education is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

Counseling/MFT: The Institute for Continuing Education and the Alabama Council for Behavioral Healthcare are cosponsors of this program. This co-sponsorship has been approved by NBCC. The Institute for Continuing Education is an NBCC approved continuing education provider, ACEP Provider No. 5643. The Institute for Continuing Education solely is responsible for this program, including the awarding of NBCC credit.

Social Work: The Institute for Continuing Education is recognized as an approved provider of continuing education credit for social work by the Alabama State Board of Social Work Examiners, Provider No. 0171, expiration 07/2024.

Skill Level: Workshops are appropriate for all skill levels (beginning, intermediate, advanced). Participants are urged to review session description for appropriateness for professional and personal development.

Instruction Methodology: May include lecture, audio-visual, demonstration, experiential practice of techniques, case examples.

Ethics Hours / Academic Credit: This program offers no “ethics hours”. The program offers no “academic” credit and CE hours awarded are not eligible toward fulfillment of a degree.

ADMINISTRATIVE TRACK: Administrative Track workshops do not qualify for continuing education credit. These are clearly marked on the Attendance Logs. You may attend these sessions, but no CE credit is offered.

Application Form

Continuing Education Credit

Alabama Council for Behavioral Healthcare

2023 Annual Conference

Birmingham, AL

November 3, 2023

Processing Fee: \$ NONE

Please Print Your:

Name: _____

Address: _____

City: _____ State _____ Zip _____

Telephone: (____) _____ email: _____

Request for Continuing Education Credit

I request continuing education credit verification in the professional discipline(s) of:

Psychology Social Work Counseling Marriage/Family

State(s) in which you are licensed: _____

License Number: _____

Will be included on your CE verification

I hereby make application for continuing education credit. I understand that to be eligible for continuing education credit, I must complete and return a CE Packet. By signing this Application Form, I am certifying that I attended in their entirety, the workshop indicated on the Attendance Logs. I also understand that it is my responsibility to determine if CE credit offered by The Institute for Continuing Education meets the regulations of my licensing/certification board.

Signature: _____

Date: _____

*The Institute for Continuing Education
P. O. Box 449, Montevallo, AL 35115
800-557-1950 / e-mail: instconted@aol.com*

Print Your Name: _____

Friday, November 3, 2023
Directions: Check the Session(s) You Attend

AGENDA

<u>BREAKOUT SESSION A:</u> 8:30 – 10:00 a.m.		1.50 hrs.
_____	A-1. Models and Principles of Trauma Interventions for Children and Adolescents <i>James Stefurak, Ph.D.</i>	
_____	A-2. Pay, Pregnancy, DEI and Policy: Employer Rights, Risks and Responsibilities <i>Whitney Brown, Esq.</i>	NO CE CREDIT ADM. TRACK
<u>BREAKOUT SESSION B:</u> 10:15 – 11:45 a.m.		1.50 hrs.
_____	B-1. Regulate, Relate, Reason: Using Neuroscience for Connection <i>Rebecca Rampe, Psy.D.</i>	
_____	B-2. Artificial Intelligence and Healthcare <i>Jake Y. Chen, Ph.D.</i>	NO CE CREDIT ADM TRACK
<u>BREAKOUT SESSION C:</u> 12:45 – 2:15 p.m.		1.50 hrs.
_____	C-1. Why Diversity, Equity and Inclusion Matter <i>Kenneth Anderson, M.S., NCC</i>	
_____	C-2. Generational Differences <i>Pam Werstler, SHRM-SCP</i>	NO CE CREDIT ADM TRACK
<u>BREAKOUT SESSION D:</u> 2:30 – 4:00 p.m.		1.50 hrs.
_____	D-1. The Human Margin: Building Foundations of Trust <i>Katherine A. Meese, Ph.D.</i>	
_____	D-2. The ABC's of ADAP: Representative Payee and Supported Decision Making <i>S. Word / Barbara Lawrence, J.D. / Terrika Shaw, J.D.</i>	NO CE CREDIT ADM TRACK

Attendee: List the total number of continuing education hours you are claiming for the Nov. 3, 2023, Alabama Council for Behavioral Healthcare Conference:

CE Hrs. Claimed: _____

Breakout Session: A

8:30 – 10:00 a.m.

Models and Principles of Trauma Interventions for Children and Adolescents*James Stefurak, Ph.D.*

Indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high)

	<i>HIGH</i>	<i>Neutral</i>	<i>LOW</i>		
I. Content / Relevancy/ Teaching Methods:					
a) Content was appropriate for intended audience	5	4	3	2	1
b) Content was consistent with stated learning objectives	5	4	3	2	1
c) Content included recent studies/findings/literature on topic	5	4	3	2	1
d) Teaching methods were appropriate and effective for subject matter	5	4	3	2	1
e) This program is appropriate to my education, experience, and skills level	5	4	3	2	1
f) Cultural, racial, ethnic, socio-economic, and gender differences were considered	5	4	3	2	1
g) Visual aids, handouts, and oral presentations clarified content and were useful	5	4	3	2	1
h) Content was useful, applicable to practice, and enhanced my professional development	5	4	3	2	1
i) I did not perceive any commercial bias or conflict of interest	5	4	3	2	1
j) Information could contribute to achieving personal and professional goals	5	4	3	2	1
k) Timeline of course adhered to the advertised time, and CE credits offered	5	4	3	2	1
l) I would recommend this program to others	5	4	3	2	1

II. Learning Objectives: Stated Learning Objectives were met:					
1. Differentiate components of effective trauma therapies that are common to multiple evidence-based approaches to treatment	5	4	3	2	1
2. Identify the basic phases of Trauma-Focused Cognitive Behavioral Therapy	5	4	3	2	1
3. Explain the basic phases of integrative treatment of complex trauma	5	4	3	2	1

III. Faculty: <i>James Stefurak, Ph.D.</i>					
a) Knowledgeable in content areas					
b) Presented the subject matter clearly and clarified content	5	4	3	2	1
c) Responsive to participants and to their questions	5	4	3	2	1
d) Used technology effectively	5	4	3	2	1
e) Reviewed limitations to material presented	5	4	3	2	1
f) Described severe and most common risks, including applicable risk of medications	5	4	3	2	1 N/A

	HIGH	NEUTRAL	LOW		
IV. Overall Rating:					
a) Conference facility was adequate and location was suitable for training	5	4	3	2	1
b) This session met or exceeded my expectations	5	4	3	2	1
c) How much did you learn as a result of this CE program	a great deal		some	very little	
d) How useful was the content of this CE program for your practice and other professional development	extremely useful			not useful	

V. Logistics / Technology / Administration:					
a) Conference facility was adequate and location was suitable for training	5	4	3	2	1
b) Visual and technology aids were up-to—date and adequately administered	5	4	3	2	1
c) Course/ training registration was user-friendly and event was well managed	5	4	3	2	1
d) Instructions for requesting accommodations for a disability were clear	5	4	3	2	1
e) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the course/ training	5	4	3	2	1

VI. Comments About This Training:

Breakout Session: B

10:15 – 11:45 a.m.

Regulate, Relate, Reason: Using Neuroscience for Connection*Rebecca Rampe, Psy.D.*

Indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high)

	<i>HIGH</i>	<i>Neutral</i>	<i>LOW</i>		
I. Content / Relevancy/ Teaching Methods:					
a) Content was appropriate for intended audience	5	4	3	2	1
b) Content was consistent with stated learning objectives	5	4	3	2	1
c) Content included recent studies/findings/literature on topic	5	4	3	2	1
d) Teaching methods were appropriate and effective for subject matter	5	4	3	2	1
e) This program is appropriate to my education, experience, and skills level	5	4	3	2	1
f) Cultural, racial, ethnic, socio-economic, and gender differences were considered	5	4	3	2	1
g) Visual aids, handouts, and oral presentations clarified content and were useful	5	4	3	2	1
h) Content was useful, applicable to practice, and enhanced my professional development	5	4	3	2	1
i) I did not perceive any commercial bias or conflict of interest	5	4	3	2	1
j) Information could contribute to achieving personal and professional goals	5	4	3	2	1
k) Timeline of course adhered to the advertised time, and CE credits offered	5	4	3	2	1
l) I would recommend this program to others	5	4	3	2	1

II. Learning Objectives: Stated Learning Objectives were met:					
1. Identify the 3 components of Polyvagal Theory in therapeutic space	5	4	3	2	1
2. Explain the principles of sequential processing from the Neurosequential Model	5	4	3	2	1
3. Identify at least 2 techniques of neuroscience principles from these models that create safety and connection in clinical spaces	5	4	3	2	1

III. Faculty: <i>Rebecca Rampe, Psy.D.</i>					
a) Knowledgeable in content areas	5	4	3	2	1
b) Presented the subject matter clearly and clarified content	5	4	3	2	1
c) Responsive to participants and to their questions	5	4	3	2	1
d) Used technology effectively	5	4	3	2	1
e) Reviewed limitations to material presented	5	4	3	2	1
f) Described severe and most common risks, including applicable risk of medications	5	4	3	2	1 N/A

	HIGH	NEUTRAL	LOW		
IV. Overall Rating:					
a) Conference facility was adequate and location was suitable for training	5	4	3	2	1
b) This session met or exceeded my expectations	5	4	3	2	1
c) How much did you learn as a result of this CE program	a great deal		some	very little	
d) How useful was the content of this CE program for your practice and other professional development	extremely useful			not useful	

	HIGH	NEUTRAL	LOW		
V. Logistics / Technology / Administration:					
a) Conference facility was adequate and location was suitable for training	5	4	3	2	1
b) Visual and technology aids were up-to—date and adequately administered	5	4	3	2	1
c) Course/ training registration was user-friendly and event was well managed	5	4	3	2	1
d) Instructions for requesting accommodations for a disability were clear	5	4	3	2	1
e) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the course/ training	5	4	3	2	1

VI. Comments About This Training:

Breakout Session: C

12:45 – 2:15 p.m.

Why Diversity, Equity and Inclusion Matter*Kenneth Anderson, M.S., NCC*

Indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high)

	<i>HIGH</i>	<i>Neutral</i>	<i>LOW</i>		
I. Content / Relevancy/ Teaching Methods:					
a) Content was appropriate for intended audience	5	4	3	2	1
b) Content was consistent with stated learning objectives	5	4	3	2	1
c) Content included recent studies/findings/literature on topic	5	4	3	2	1
d) Teaching methods were appropriate and effective for subject matter	5	4	3	2	1
e) This program is appropriate to my education, experience, and skills level	5	4	3	2	1
f) Cultural, racial, ethnic, socio-economic, and gender differences were considered	5	4	3	2	1
g) Visual aids, handouts, and oral presentations clarified content and were useful	5	4	3	2	1
h) Content was useful, applicable to practice, and enhanced my professional development	5	4	3	2	1
i) I did not perceive any commercial bias or conflict of interest	5	4	3	2	1
j) Information could contribute to achieving personal and professional goals	5	4	3	2	1
k) Timeline of course adhered to the advertised time, and CE credits offered	5	4	3	2	1
l) I would recommend this program to others	5	4	3	2	1

II. Learning Objectives: Stated Learning Objectives were met:					
1. Identify the benefits of appreciating differences	5	4	3	2	1
2. Identify the relationship between bias, perception and perspective and diversity, equity and inclusion	5	4	3	2	1
3. Identify strategies for accepting individual accountability for promoting diversity, equity and inclusion	5	4	3	2	1

III. Faculty: <i>Kenneth Anderson, M.S., NCC</i>					
a) Knowledgeable in content areas	5	4	3	2	1
b) Presented the subject matter clearly and clarified content	5	4	3	2	1
c) Responsive to participants and to their questions	5	4	3	2	1
d) Used technology effectively	5	4	3	2	1
e) Reviewed limitations to material presented	5	4	3	2	1
f) Described severe and most common risks, including applicable risk of medications	5	4	3	2	1 N/A

	HIGH	NEUTRAL	LOW		
IV. Overall Rating:					
a) Conference facility was adequate and location was suitable for training	5	4	3	2	1
b) This session met or exceeded my expectations	5	4	3	2	1
c) How much did you learn as a result of this CE program	a great deal	some		very little	
d) How useful was the content of this CE program for your practice and other professional development	extremely useful			not useful	

V. Logistics / Technology / Administration:					
a) Conference facility was adequate and location was suitable for training	5	4	3	2	1
b) Visual and technology aids were up-to—date and adequately administered	5	4	3	2	1
c) Course/ training registration was user-friendly and event was well managed	5	4	3	2	1
d) Instructions for requesting accommodations for a disability were clear	5	4	3	2	1
e) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the course/ training	5	4	3	2	1

VI. Comments About This Training:

Breakout Session: D

2:30 – 4:00 p.m.

The Human Margin: Building Foundations of Trust*Katherine A. Meese, Ph.D.*

Indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high)

	HIGH	Neutral	LOW		
I. Content / Relevancy/ Teaching Methods:					
a) Content was appropriate for intended audience	5	4	3	2	1
b) Content was consistent with stated learning objectives	5	4	3	2	1
c) Content included recent studies/findings/literature on topic	5	4	3	2	1
d) Teaching methods were appropriate and effective for subject matter	5	4	3	2	1
e) This program is appropriate to my education, experience, and skills level	5	4	3	2	1
f) Cultural, racial, ethnic, socio-economic, and gender differences were considered	5	4	3	2	1
g) Visual aids, handouts, and oral presentations clarified content and were useful	5	4	3	2	1
h) Content was useful, applicable to practice, and enhanced my professional development	5	4	3	2	1
i) I did not perceive any commercial bias or conflict of interest	5	4	3	2	1
j) Information could contribute to achieving personal and professional goals	5	4	3	2	1
k) Timeline of course adhered to the advertised time, and CE credits offered	5	4	3	2	1
l) I would recommend this program to others	5	4	3	2	1
II. Learning Objectives: Stated Learning Objectives were met:					
1. Identify key elements that support human flourishing	5	4	3	2	1
2. Identify at least 2 organizational and team strategies to optimize recruitment and retention	5	4	3	2	1
3. Examine the role of job crafting and empowering leadership in engaging the workforce	5	4	3	2	1
III. Faculty: Katherine A. Meese, Ph.D.					
a) Knowledgeable in content areas	5	4	3	2	1
b) Presented the subject matter clearly and clarified content	5	4	3	2	1
c) Responsive to participants and to their questions	5	4	3	2	1
d) Used technology effectively	5	4	3	2	1
e) Reviewed limitations to material presented	5	4	3	2	1
f) Described severe and most common risks, including applicable risk of medications	5	4	3	2	1 N/A

HIGH

NEUTRAL

LOW

IV. Overall Rating:

a) Conference facility was adequate and location was suitable for training	5	4	3	2	1
b) This session met or exceeded my expectations	5	4	3	2	1
c) How much did you learn as a result of this CE program	a great deal		some	very little	
d) How useful was the content of this CE program for your practice and other professional development	extremely useful			not useful	

V. Logistics / Technology / Administration:

a) Conference facility was adequate and location was suitable for training	5	4	3	2	1
b) Visual and technology aids were up-to—date and adequately administered	5	4	3	2	1
c) Course/ training registration was user-friendly and event was well managed	5	4	3	2	1
d) Instructions for requesting accommodations for a disability were clear	5	4	3	2	1
e) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the course/ training	5	4	3	2	1

VI. Comments About This Training:
